

THE UNIVERSAL SPIRITUAL BROTHER&SISTERHOOD, INC.

Worldwide Headquarters, CUPERTINO, CALIFORNIA

Founded 1956

www.TheUSB.org



eNL-38, February 2025

Dear brothers and sisters:

This nonreligious e-newsletter goes out with blessings of love and peace to all, and in particular, to those who are dedicated to the universal spiritual brother-and-sisterhood of all humanity—the ideal of this organization. Please share this with those you know who are interested in the spiritual development of individuals and our world. For access to past issues or to [sign up to receive future editions](#) via email (all free), please [visit our online archive](#). We always welcome your impressions, questions, or topic suggestions via email at staff@theusb.org.

Most importantly, we remind readers that the USB Illumined Inspirers would always have us bear in mind to accept *nothing*—not even of what *they* say—that your reason does not wholeheartedly embrace *and* that your inner being does not unreservedly sense is true.

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Our Previous Newsletters:

Find past issues [here](#). These topics were covered in our prior issue [eNL-37](#):

*How the USB Rescue Circles Came About
(Article by the USB rescue circle leader)*

Gems from Spiritual Light

USB Teachings in Friday Afterlife Reports

The Importance of Kindness

*Wishes for the Coming Year (An Illumined
Soul's Message, December 1965)*



Red Cloud speaks about the USB's Future

Upon brother Pete's suggestion, in January 2021, I (John F) started "inspired writings" in the mornings. Supposedly they came, probably via relays, from Red Cloud (hard for me to believe), the famous spirit guide of medium Estelle Roberts. Red Cloud had communicated with Michael Flagg during many sittings in England in 1956 and 1957.



On earth (1822-1909), Red Cloud became the leader of the Oglala Lakota nation in 1865 and one of the most successful Native American leaders resisting the US Army and the westward expansion of whites. At first, I wrote daily with Red Cloud in 2021, then gradually less often (my fault), until rarely. But I did frequently "talk" with him, receiving his apparent replies in my head (telepathy?). Before his message below, my previous written communication with him had been on December 30th, 2021, five months earlier. Somewhat reluctantly, I shared the following message with key USB personnel in May 2022. Now our spirit advisors have suggested that we include it in a USB newsletter. I feel that Red Cloud's words are so beautiful that they are quite beyond me and therefore are evidential.
~ John

May 30th, 2022

Good morning, dear John,

When you awoke this morning, I told you in bed that I wanted to write to you today, after all these many months. It is true that we have been talking to one another quite often, but writing is quite different.

I want to assure you to not be concerned for the future, for the USB, or for your ability to complete the tasks you feel you should, because you have the great and awesome powers of spirit helping you in all these areas. We do not direct you. But we do offer suggestions, and we see how willing you are to comply, even when your physical body is sometimes reluctant. No matter, that is just nature, and we work around that. Even though you have your physical limitations due to age, we are able to keep you physically and mentally productive, and the same for your wonderfully supportive wife, so that together you will see quite a few more good years in this home.

The world will change considerably in those years, and you will be able to contribute in the ways you and we desire. New helpers will emerge for the USB,

to help you organize a proper succession. Have no concerns about this. The great powers of spirit are with the USB on earth, and you are presently their foremost willing instrument. You, and we, are all blessed. We are always with you.

With great love for all your team,
~ Red Cloud

About Evidence of Survival

The USB's spiritual teachings are intended for those people who have already accepted the truth of human survival after permanent bodily death. However, for anyone who may be newly studying the USB teachings or may wish to delve more deeply into this topic, we choose to present some further details on it, as viewed from various perspectives.

From USB teachings in *Spiritual Light (SL)*:

The USB's goal is to unite all humanity in a peace and harmony based on love and service, knowledge of Survival [of death], communication with those in other expressions of existence, enlightenment from Illumined Souls, and on the power of spirit [helpers] to heal. (*SL*, 102:8)

Our lives are eternal and we retain our individualities after the change called death. (*SL, Principles of the USB*, 103:3)

Under certain conditions we can commune with those in other expressions of life. (*SL, Principles of the USB*, 103:4)

As a rule, those on earth engaged in any noble endeavor are able to do immeasurably greater good if they know of Survival [of physical death] and Communication [with spirit people] and other truths. (*SL*, 109:1)

From research by the Bigelow Institute for Consciousness Studies (BICS):

In 2020, aerospace entrepreneur Robert Bigelow founded BICS in Las Vegas, Nevada, to support research into the survival of human consciousness after physical death and the nature of the afterlife. Having been interested in the question of afterlife survival for decades, in 2021 BICS sponsored an essay competition for the best evidence *beyond a reasonable doubt*, for the survival of human



consciousness after permanent bodily death. Through the application process 204 essays were received. A team of outstanding, independent experts judged and selected 29 winning submissions at different levels. BICS eventually published the essays in a set of

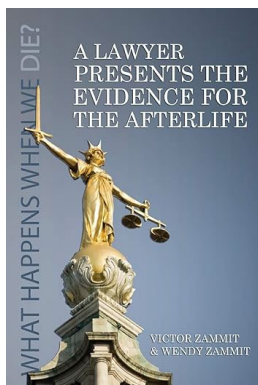
five print volumes which were freely distributed while supplies lasted. They continue to remain freely accessible online at <https://www.bigelowinstitute.org>.

These winning essays provide an exceptional focus of attention on the very important question of survival. BICS, and probably many other people, and groups, consider them to have established, *beyond a reasonable doubt*, the proof for the survival of human consciousness after permanent bodily death. They summarize the strongest evidence, with full references, found by leading investigators from many disciplines and are a great benefit to humanity and to evidence seekers.

From Victor and Wendy Zammit's extensive research and book:

Mr. Zammit, a retired lawyer, writes on his website at <https://victorzammit.com>:

There is, without any doubt whatsoever, objective, repeatable, evidence for the existence of the afterlife. ... If you are looking for objective, non-religious, factual, evidence that everyone survives death, that there is no eternal hell, and that you will be reunited with your loved ones, you have come to the right place.



Zammit affirms that the evidence he offers would be accepted by the highest court in any civilized country. This evidence is published in the best-selling book titled *A Lawyer Presents the Evidence for the Afterlife*, co-written by Victor and Wendy Zammit. The book may be ordered from various online retailers, and can be read or downloaded (in English and several other languages) at <https://victorzammit.com>. For anyone seeking more information on the afterlife, this website also hosts a veritable treasure-trove of articles, videos, an archive of weekly Afterlife Reports, interviews, and ongoing investigations into the topic, shared over a period of more than three decades.

Integrity is the Root of a Noble Character

Integrity, or the conspicuous absence thereof, seems nowadays to be very evident among a broad swath of people occupying positions of power and influence, as well as among those in lowlier stations of life. But what exactly is integrity? And why is it worth protecting and cultivating it in ourselves?

The USB teachings are very clear on the importance of integrity as an essential spiritual characteristic. In *SL*, Section 7.3, Integrity and Standards, we find detailed and solid guidance for what it means to embody integrity. We are indeed fortunate to be able to refer to the following teachings from the highest spirit realms, so that we may strive to practice and develop this noble quality in ourselves.

Poor indeed is the individual without integrity—uprightness, honesty, and soundness of character that nothing can impair. (SL, 711:1)

For integrity is the root of a noble character: It is as essential to nobleness of spirit as oxygen is to water. Individuals may have the finest “education,” the advantages of wealth and fame, a passport to every circle they desire to enter, and the means to gratify every whim; but without integrity they are spiritually poor, poorer than any homeless or penniless wanderer who exhibits that quality. (SL, 711:2)

Integrity is a trait that may be possessed by *anyone*, regardless of his or her circumstances. It is a trait one should strive for, and be prepared to suffer if need be to *retain*. (SL, 711:3)

People with integrity may not be always right, but they are never deliberately wrong. They do *not* sacrifice principle to expediency. They may often be silent, but not when silence is a crime. They do their utmost to fulfil pledges and agreements freely and voluntarily made. They prefer defeat with honor, to victory with dishonor. They repudiate the doctrine of too many of today’s “leaders”—that winning is everything; for they realize that however old-fashioned it may seem to some, it is vastly more important to be just and honorable in all circumstances. (SL, 711:5)

Customs and habits change. Some rivers *do* at times flow uphill. But the eternal values, of which integrity is one, never alter; they are unchangeable and imperishable. (SL, 711:6)

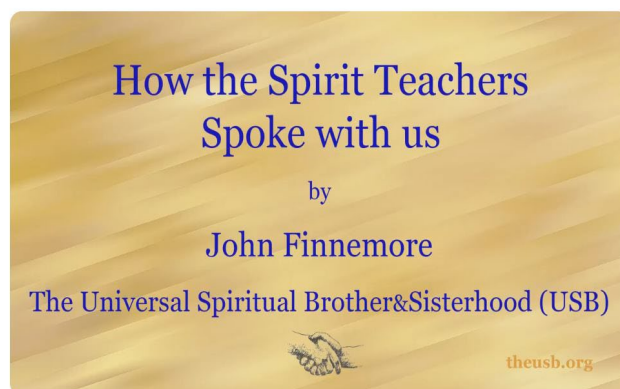
Remembering that our temporary material home here on earth is a school in which we have opportunities to grow in enlightened spirituality, it should come as no surprise that our integrity will inevitably be put to the test throughout our lives. When we are able to resist temptation, hold fast to our spiritual principles, and maintain an inner core of integrity however difficult it may be, we will know that we have passed these tests. May each of us receive abundant guidance and blessings in these endeavors.



USB Teachings in Friday Afterlife Reports

With gratitude we share the following articles highlighting USB history and teachings, as featured in recent editions of Victor and Wendy Zammit's weekly [Friday Afterlife Report](#) online newsletters.

- **How Did the USB Spiritual Teachers Get Their Afterlife Wisdom Through to Mankind?**—Professor John Finnemore shares this in his video [How the Spirit Teachers Spoke with us](#). ([December 13, 2024](#))
- **Inspiration from Great Souls: Spiritual Teachings**—The wisest and most spiritually advanced leaders of the spirit realms visited the earth a few decades ago with a mission to spiritualize. To distribute their high teachings and philosophy, they asked that an organization be formed on earth, the USB. [Learn more here](#). ([January 10, 2025](#))



In light, love, and peace,
Your USB e-newsletter team

If any teaching and/or philosophy in this USB document conflicts with, or is not supported by *Spiritual Light* (ISBN 978-0-9912422-1-4 deluxe flex-cover, 978-0-9912422-2-1 paperback), which contains the only complete *official* teachings and philosophy of the USB, then *Spiritual Light* governs. The inclusion of this statement, in a box in a prominent position, and worded as in *Spiritual Light*, is required on every authentic USB publication containing its teachings and/or philosophy.

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